

TRAMPOLINING COURSES WITH THE BECKENHAM FLIERS



The *BECKENHAM FLIERS TRAMPOLINE CLUB* is a successful National competitive trampoline club based at the Beckenham Leisure Centre / The Spa.

The Saturday Courses and Casual Bouncing sessions are designed to teach trampolining to children who are enthusiastic to learn properly and safely. Very young children and novices start out on the Casual Bouncing sessions and progress to the Courses when they are ready. The children are taught at their own pace and according to their ability and aptitude.

The ultimate aim of the Courses is to develop the skills of the children to such a level that they become members of the *BECKENHAM FLIERS TRAMPOLINE CLUB*.

COURSES : (1) Jan to March (2) April to July and (3) Sept to December

- Fully trained Coaches
- Natural progression from Casual Bouncing
- lower cost than Casual Bouncing
- BTF Proficiency Award Scheme (Trampolining Badges)
 - entry route into the *BECKENHAM FLIERS*

SATURDAY CHILDREN'S COURSES

4 Courses @ 9.00 am Courses 1 - 5

2 Courses @ 10.00 am Courses 6 & 7

Casual Bouncing @ 9.00 a.m. – space permitting
(i.e. turn up on the day)

Improver's Course at the Invitation of the Coaches

COST PER COURSE : £3.50 equiv. Per Saturday - payable in Advance

Should you have any queries please ring Robert Rowbotham on 020-8654-8370. **Please note** that entry fees into the Leisure Centre are **not** included in the Course or Casual bouncing fees.

KEEP THE ABOVE TO REMIND YOU OF TIMES AND DATES OF THE COURSES

Detach here ⇨ -----

PLEASE COMPLETE AND RETURN WITH PAYMENT

**Jan – Mar
Apr – July
Sept - Dec**

APPLICATION FOR COURSE NUMBER : _____ (Please Enter)

Child's Name :

Address : _____

Post code : _____

Tel No : _____ Date of Birth : _____ Age : _____

Child's previous experience including awards : _____

PARENT's / GUARDIAN's SIGNATURE : _____ Date : _____

PLEASE CALL TO ASCERTAIN CURRENT COURSES AND THEN ENCLOSE A CHEQUE FOR £ xxx PAYABLE TO THE 'BECKENHAM FLIERS'

Return To : Robert Rowbotham 11 Ashling Road Tel : 020-8654-8370

Addiscombe

Croydon CRO 7DA

Please note : (1) Knees & Elbows should be covered i.e. wear a Tracksuit / Jogging Bottoms and a Sweatshirt and (2) to wear thick non-slip socks

CHILDREN'S TRAMPOLINING WITH THE *BECKENHAM FLIERS*